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AUTHOR	Quinn, Patricia O., Ed.
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ABSTRACT

This handbook contains practical information and advice to help students with Attention Deficit Disorder (ADD) transition from high school to college. Part 1 provides an introduction to ADD and includes a questionnaire identifying the characteristics of a person with ADD. Part 2 describes life with ADD. It explains how ADD can affect high school students; what the risks are with alcohol and drug use; how it may affect females differently than males; and provides voices from students who speak out about ADD. Part 3 presents treatments for ADD, including a description of the common medications used. Life style habits for success are presented along with how to work with an ADD coach. Part 4 reviews what is needed to succeed in college, such as choosing the right college, utilizing services at the college, and learning accommodations at college. Part 5 considers the legal rights of students with ADD and reviews some of the commonly asked questions. A list of books, college guides, magazines, and national organizations are included for further information. (JDM)

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